

Canteen MENU

Willoughby
Public School

SNACKS

Jelly & low fat custard (G).....	\$2.50
Fresh fruit salad (G).....	\$3.00
Fresh seasonal fruit pieces (G).....	\$1.00
Custard (A).....	\$2.00
Jumpy's (A).....	\$1.20
Low fat muffin (A).....	small \$3.00
Banana bread.....	half \$2.00 full \$3.50
Small packet of chips.....	\$2.00
Ice blocks & ice creams (A).....	\$0.80 / \$2.20
Orchy juice cup (G).....	\$1.00

BEVERAGES

Water (G) Spring water 600ml.....	\$2.00
Milks - Low fat 300ml (G)	
Plain.....	\$1.20
Chocolate, Strawberry, Banana.....	\$2.50
Flavoured Milkshakes (A)	
Chocolate, Strawberry, Vanilla, Caramel.....	\$3.50
Juice poppers (A) Apple, tropical, orange, orange mango....	\$1.50
Slushies (A) Assorted flavours - 99% juice.....	\$2.00
Hot Drinks	
Hot Chocolate.....	\$2.50

COLD BAR

Sushi (G) (GF)

Chicken Teriyaki (G).....	\$3.50
Tuna (GF) (G).....	\$3.50
Crab (G).....	\$3.50
Vegetable (GF) (G).....	\$3.50

Salad Box (G)

With chicken or tuna.....	small \$3.50 large \$4.50
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Sandwich Bar (G)

Vegetemite (G).....	\$2.00
Curried Egg (G).....	\$3.00
Egg, lettuce & mayo (G).....	\$3.50
Roast Chicken (G).....	\$3.50
Roast Chicken, lettuce & mayo (G).....	\$3.80
Roast Chicken & salad (G).....	\$4.00
Cheese & Tomato (G).....	\$3.50
Lean Smoked Ham.....	\$3.50
Lean Smoked Ham & cheese (G).....	\$3.80
Lean Smoked Ham & tomato (G).....	\$3.80
Lean Smoked Ham, cheese & tomato (G).....	\$3.80
Lean Smoked Ham & salad (G).....	\$4.00
Salad (beetroot, lettuce, carrot, tomato & cucumber (G).....	\$4.00
Tuna (G).....	\$3.50
Tuna, lettuce & mayo (G).....	\$3.80
Tuna & salad (G).....	\$4.00
Breads(G): White, wholemeal or multigrain.....	\$1.00

- Wrap
- White Roll
- Turkish/Focaccia
- Gluten free bread

Extras

Tomato Sauce (A).....	\$0.20
BBQ Sauce (A).....	\$0.20
Spoon.....	\$0.10
Lunch Bag.....	\$0.20

All lunch orders must be in by 9.30am

Please make sure your name and class is clearly written on your lunch bag

Prices are subject to change

HOT BAR

Chicken nuggets	
X4.....	\$2.80
X5.....	\$3.40
X6.....	\$4.00
Chicken and corn roll.....	\$2.50
Chicken wingettes.....	each \$2.00
Sweet chilli tender.....	\$2.50
Wedges.....	\$3.50
Jaffle	
Cheese.....	\$3.30
Cheese & tomato.....	\$3.50
Low fat hot dog with tomato sauce.....	\$3.00
Low fat hot dog with tomato sauce and cheese.....	\$3.50
Fish burger with lettuce & mayo.....	\$4.00
Lean beef burger with tomato, lettuce, beetroot & bbqsauce.....	\$4.50
Lean chicken burger with lettuce & mayo.....	\$4.20
Garlic bread.....	\$2.00
Nachos with salsa.....	\$4.00
5 x chicken nuggets with mash potato.....	\$4.80
Oven baked wedges.....	\$3.50
Honey soya chicken with fried rice.....	\$4.50
Fried Rice.....	\$3.50
Butter chicken & rice.....	\$4.50

Home Made Pasta

Lasagna.....	\$4.00
Spaghetti Bolognese.....	\$4.00

Pies

Lean Beef Pie.....	\$3.40
Lean Potato Pie.....	\$3.60
Lean Sausage Roll.....	\$3.00

Home Made Pizza Slab

Cheese.....	\$3.50
Chicken.....	\$3.60
Vegetarian.....	\$3.60
Ham & pineapple.....	\$3.60

